



Ohio Napnap News

February 2010 Newsletter

President's Report

Teresa Thorpe

One of my favorite poems is The Road Not Taken by Robert Frost. I have often thought about the meaning of this poem as it relates to my life personally and professionally. Since we all know that the choices we ponder and the decisions we make impact ourselves and those around us. As I look at the opportunities for our membership to grow in numbers statewide as well as nationally, it reminds me that the path we chose to unify our national and local organizations into one united voice was the appropriate one. As a state, we have seen an increase in the number of renewals to our local unit as NAPNAP members have chosen us as their chapter. With several more months to go in the fiscal year, Ohio NAPNAP is looking for our first substantial increase in membership in the past few years.

With this in mind, I want to remind you of the perks of belonging to our state organization:

1. **Opportunities to attend to high quality educational programs.** The Ohio NAPNAP board has been committed to offer our membership two CE programs a year to assist you in meeting licensing requirements in this state. One program is offered in the spring and the other in the fall. The speakers at these conferences are experts in their fields and assist the rest of us in staying current. The spring program is scheduled for March 19-20, 2010 in Canton, Ohio. In addition to the formal program, I have always enjoyed the opportunity of meeting other colleagues from across the state. I look forward to seeing you at this conference.
2. **Keeping children safe with bike helmets.** For many years, Ohio NAPNAP has been committed to providing a bike helmet program to first and second grade students. We have provided thousands of helmets to children who may not have one otherwise. The application for this program is in this newsletter.
3. **Increasing communication with our membership.** This year there is a commitment to improve communications with you. The newsletter will be published 4 times electronically this year. We will continue to send out timely information on the listserv. Finally, the website is being revamped.
4. **Awards and scholarships.** Did you know that every year Ohio NAPNAP recognizes members who excel as a PNP student or practicing PNP? These awards are nominated by you, our membership, and given to our peers. In addition, we select a community advocate to honor. Finally, we have developed a mental health award that offers scholarships for a member to enhance their knowledge base in mental health issues. This award has been an outgrowth of our involvement in KySS.



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These are just a few of the perks to belonging to our state organization. In the next newsletter, I will discuss a few more. Please feel free to contact me with questions and concerns at teresathorpe@yahoo.com . Due to the amount of spam we all receive, please state that your communication is about OHNAPNAP. See you at the spring conference!

Shytown Bound?

The annual NAPNAP 31st annual conference is scheduled for April 15-18, 2010 in Chicago, IL. Your Ohio NAPNAP board would love to meet with all Ohio participants informally at this meeting. If you are planning to attend, please e-mail Teresa Thorpe at teresathorpe@yahoo.com for further details.

Ethics Advisor

Linda A. Strong

I have no “hot topics” currently. Please email me if you have any ideas or dilemmas. lastrong@cox.net

Clinical Practice

Jill Kilanowski

New uses and a new medication.

ZOFRAN

Zofran (generic name is ondansetrom) has been used to combat nausea and vomiting in chemotherapy treatment. Although not officially approved for this use, children’s hospitals such as Rainbow Babies and Children’s in Cleveland is now using Zofran to treat nausea and vomiting in gastric flu. Zofran blocks the actions of chemicals in the body that trigger nausea and vomiting and has been shown to be effective in lowering rates of intravenous fluid administration and hospital admission in children with acute gastroenteritis.

Side effects include blurred vision, temporary blindness, slow heart rate, trouble breathing, anxiety, agitation, shivering, feeling light-headed, or fainting and urinating less than usual. It can also impair thinking or reaction time. Do not use Zofran with liver



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disease, history of allergic reactions to any medicine, or personal or family history of Long QT syndrome. It can be taken with food or without food. The regular tablet must be taken with a full glass of water and can cost \$20. To take the oral disintegrating tablet open the package and peel back the foil, do not push through the foil and use dry hands. The tablet should not be swallowed whole and instruct the child to allow the tablet to dissolve. The liquid form needs to be administered in a dose-measuring spoon.

Do not take Zofran with these drugs: phenytoin (Dilantin), phenobarbital (Luminal), carbamazepine (Carbatrol), rifampin (Rifadin).

Children 4 to 11 years one 4 mg tablet or 1 teaspoon of oral solution three times a day. Children 12 years or older, one 8 mg tablet or 2 teaspoons of oral solution twice a day. Hospitals have used Zofran in gastroenteritis with younger children.

INTUNIV

A new non-stimulant medication for Attention Deficit Hyperactivity Disorder (ADHD) in children and adolescents 6 to 17 years of age was approved by the FDA in September 2009. It is called Intuniv. Intuniv works with the certain receptors in the brain that are related to inattention and impulsiveness. It may take 2 weeks to see ADHD symptom improvement. Care is used in children with heart problems or low heart rate, liver or kidney disease. Side effects may include fainting, headache, stomachache, nausea, dizziness, irritability, decreased appetite, dry mouth, constipation, sleepiness, tiredness, and drowsiness. Driving and operating machinery should be avoided. Avoid the child becoming dehydrated or overheated. Dosing is available in 1mg, 2 mg, 3 mg, and 4 mg. Tablets should not be crushed, chewed, or broken before swallowing and do not give with a high-fat meal. Children will start with a low dose of 1 mg and increase by 1 mg each week until they reach the target dose of 3 to 4 mg. Drug holidays should not be given and should be administered once daily.

Policy Committee

Barbara Schaffner

Comprehensive Nursing Education Bill (SB89) from Senator Morano addresses the shortage of nursing faculty in Ohio and was passed by the Ohio General Assembly and signed by the Governor on 12/28/09. This legislation removes the requirement for experienced APNs with prescriptive authority in another state to repeat their APN training (externship hours) under an Ohio physician and to repeat their advanced pharmacology course. This bill will become effective in 90 days from signing date. Congratulations to



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Senator Morano, the only RN in the Ohio General Assembly, for enhancing the recruitment of APNs into Ohio!!!

House Bill 206, Schedule II Privileges for APNs did not get out of Committee in the House during 2009. The bill is still being actively pursued and supported by Ohio NAPNAP, Ohio Association of Advanced Practice Nurses (OAAPN) and the Ohio Nurses Association (ONA). Please watch for calls for PNP support in 2010, calls for both donations and contacting legislators!

House Bill 198, Patient Centered Medical Home (PCMH) has been amended to include APNs and APN led practices as coordinators of patient care teams!! This is an important step in assuring that APNs in Ohio are recognized as primary care providers and makes eligible APN led practices, in affiliation with Wright State, University of Toledo, Kent State University or Ohio University, eligible for scholarships and funds for electronic medical record keeping. Congratulations to all involved in getting this important legislation and pilot project to include APNs!!!

Call for public comment → Nursing: Scope & Standards of Practice

The American Nurses' Association (ANA) is seeking comment on the revised publication, Nursing: Scope and Standards of Practice, 2nd edition. Comments are needed on or before March 12, 2010, at 5:00 pm EST.

Every nurse can download the draft document (pdf file at

<http://nursingworld.org/DocumentVault/NursingPractice/Draft-Nursing-Scope-Standards-2nd-Ed.aspx>) and submit comments at

<http://nursingworld.org/DocumentVault/NewsAnnouncements/Comments-Draft-Nursing-SSP.aspx>. Your questions/concerns can be addressed directly to ANP at

Katie.brewer@ana.org.

Newsletter / Website

Linda Kerr

It has been a difficult winter--- lots of snow and cold and is there a sun???? I heard recently that a small child said to their parent, " I am tired of Christmas!"— out of the mouths of babes!

Lots happening-- elections, Ohio conference in Canton, and National in Chicago. But guess what --we are also stepping it up on the website. Starting with the Fall 2010 Ohio Conference, you will be able to use PayPal and register and pay online!!! I know this will make many of you very happy. Lori, our webmistress, will be redesigning our current site over the next several months. If you have ideas or suggestions, please email me.



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In addition, we will be using Survey Monkey to provide online voting for the Ohio elections this Spring—remember March 1 through April 1. If you have questions or problems, please email me at kerrli@hotmail.com. Hopefully you have found some useful information in the newsletters.

Peg DiMarco

Professional Education

For those of you who did not attend last spring's meeting on Pharmacology or for those of you who want more information about fluoride varnish, Please contact:

Shannon Cole

Maternal and Child Oral Health Coordinator Bureau of Oral Health Services Ohio

Department of Health

246 N. High Street

Columbus, Ohio 43215

(614) 728-2302

shannon.cole@odh.ohio.gov

Visit the BOHS Web site to learn about all that we do:

<http://www.odh.ohio.gov/odhPrograms/ohs/oral/oral1.aspx>

Free Distance Learning & One-stop Information Shopping for Safety Net Dental Clinics at:

<http://www.ohiodentalclinics.com>

Offices can access the FV materials via the MCOH Resource Center at Georgetown University at the following:

<http://www.mchoralhealth.org/materials/multiples/smilesforohio/>

They can request a copy of the manual at: BOHS@odh.ohio.gov

Nominations

Peg DiMarco

It is almost time to vote—both State and National! A Slate of Candidates will be presented on Ohio NAPNAP's website with a brief bio for each candidate. This year we will use on-line voting to select Ohio NAPNAP's new officers starting March 1. VOTING WILL END AT MIDNIGHT APRIL 1.



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Don't forget--- go to <http://www.ohio-napnap.org> **after March 1 to select and vote for your candidate.** A reminder will be distributed via the listserv .

Don't forget to also go to <http://www.napnap.org> to check out the candidates running for National NAPNAP positions. You may be surprised to see a few of Ohio peers seeking National offices. Please give them your support and remember to vote!!!!

Program Advisor

Jill Smith

The Spring Conference "Head to Toe Pediatrics" will be an exciting event in Canton, Ohio on March 19-20, 2010. All members of Ohio NAPNAP were mailed registration forms, which are also available on the Ohio NAPNAP website and via the listserv. The speakers are covering topics from head to toe and we are showcasing mostly PNP's. Please register now for the conference and make your hotel reservations ASAP to receive the NAPNAP discount.

Our CEU provider status is being reviewed (this happens periodically). The committee has notified me that there will be no interruptions in our status and the reports were "perfect." CUDOS to OHIO !!!!

ATTENTION ALL OHIO NAPNAP MEMBERS!!!!!!

We are looking for members willing to step up and plan a conference! We are looking for both Fall 2010 and Spring 2011 planning committees. Please take time to really consider the possibility. You will be rewarded by having a conference that meets your needs and registration fee paid. There are members willing to assist you and the program advisor is always available for questions and planning help. This is an opportunity for presenting research, for acute care PNP's to plan an acute care conference or for someone who feels that they could really focus on the needs of the PNP's in their area. We really want to continue to offer educational opportunities twice a year, but without your help, this may change. If you are interested please contact Jill Smith at jillpnp@yahoo.com.



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Interesting Dates

March

email me kerrli@hotmail.com for info or websites

American Red Cross Month
Brain Injury Awareness Month
Learning Disabilities Awareness Month
National Nutrition Month
National School Breakfast week March 8-12
National Colorectal Awareness Month
National Poison Prevention Month
Save Your Vision Month
Kick Butts Day March 24

April

National Child Abuse prevention Month
National Humor Month
International Moment of Laughter Day April 14
Stress Awareness Month
National Minority Health and Health Disparities Month
National Youth Sports Safety Month
Siblings Day April 10
Take Your Daughters and Sons to Work Day April 22
National Infant Immunization Week April 24-May1
National SAFE KIDS week April 26-May3

May

Asthma and Allergy Awareness Month
National Bike Month
National Mental Health Month
National Teen Pregnancy Prevention Month
National Physical Fitness and Sports Month
PROJECT ACES Day (all kids exercise simultaneously)
Youth Fitness Coalition
National Nurses Week May 6-12
School Nurse Day May 12
National Hospital Week May 9-15
Womens Health Week May 9-15
Buckle Up America Week May 24-June 6



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F.Y.I.....

Mumps outbreak totals top 1,500 in New York, New Jersey

A mumps outbreak that began last summer at a summer camp in New York has now affected more than 1,520 people in New York and New Jersey, and may be on the rise, according to a CDC report issued today.

The cases are almost exclusively among members of tradition-observant Jewish communities, with fewer than 3% of cases occurring outside these communities, CDC officials noted in the *Morbidity and Mortality Weekly Report*. The index case occurred in an 11-year-old boy who returned in mid-June from a trip to the United Kingdom.

Most of the cases are in school-aged boys, who attend separate schools from girls. Many of the patients have been vaccinated with one or two doses of measles, mumps and rubella (MMR) vaccine, though cases have also occurred in people who are unvaccinated or who have received one dose of MMR vaccine.

“Although the school settings and large household sizes might be promoting transmission, the high vaccination coverage in the affected community likely is limiting the size of the outbreak,” CDC researchers wrote. “In addition, high vaccination coverage in surrounding communities is the most plausible reason that the few cases outside of the affected community have not caused other outbreaks.” The researchers added that since 1967 — when the mumps vaccine was first licensed — to the early 2000s, the number of reported patients with mumps dropped from 186,000 to less than 500 annually. Nevertheless, mumps vaccine efficacy has varied in previous studies, ranging from 73% to 91% for one dose to 76% to 96% with two doses.

Nineteen people have been hospitalized but no deaths have been reported, CDC officials noted in their report.

[CDC. MMWR. 2010; 59:125-129](#)

Antibiotic prescription rates changed little after AOM guidelines issued

Five years have passed since the American Academy of Pediatrics and the American Academy of Family Physicians suggested [watchful waiting](#) as an approach to acute otitis media treatment, but physicians are still prescribing antibiotics as much as they did before the guidelines, according to the results of a study reported online yesterday in *Pediatrics*.



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Andrew Coco, MD, of Lancaster General Research Institute in Pennsylvania and colleagues analyzed data from 1,114 children who were diagnosed with AOM and who participated in the 2002 to 2006 National Ambulatory Medical Care Survey.

The researchers compared the 30-month periods before and after the guideline was released in 2004 and found that the rate of AOM encounters at which no antibiotic prescribing was reported remained about the same (11%-16%; $P=.103$). They identified the following factors as independent predictors of antibiotic nonprescription: absence of fever, ear pain and receipt of an analgesic prescription.

Contrary to guideline recommendations, the rate of amoxicillin/clavulanate actually decreased, whereas cefdinir use increased, the researchers noted. Amoxicillin prescription rates rose (40%-49%; $P=.039$), as did the rate of analgesic prescribing (14%-24%; $P = .038$).

In an accompanying editorial, **Robert M. Siegel, MD**, of Cincinnati Children's Hospital Medical Center in Ohio, emphasized the importance of shared decision making when prescribing antibiotics. He said educating families regarding antibiotic use and ensuring that the child's ear pain is adequately managed would likely lead to decreased antibiotic use. **[Coco A. *Pediatrics*. 2010; doi:10.1542/peds.2009-1115.](#)**

NAPNAP- FROM CDC - INCREASES IN AUTISM DIAGNOSIS

Nearly one percent of children in the US have been diagnosed with autism, according to a report from the Centers for Disease Control and Prevention (CDC). Analysis of medical records from more than 307,000 eight-year-olds in 2006 found that one out of every 110 children had been diagnosed with an autism spectrum disorder (ASD) which includes a range of conditions. This estimate is an increase in the prevalence of autism from previous CDC estimates of approximately one in 150 children. Published in the December 18th edition of the CDC's Morbidity and Mortality Weekly Report, the study concludes with discussion of the public health implications of its findings.

The authors note that there is not a single factor that explains the increases in prevalence of ASDs. While some of the increases may be due to better identification and awareness of the condition, the authors comment that "the steady increase in ASD symptoms in the population possibly reflects increased risk, particularly among males." Access the report online at <http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5810a1.htm>.



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OHIO NAPNAP is purchasing helmets to be given in conjunction with the Helmet Program that originated in the spring of 1996. The organization is committed to this annual project FOR OHIO CHILDREN. PNPs throughout Ohio can offer this safety education to first and second graders and provide a helmet to a child that needs one. Each year Ohio PNPs have educated several thousand first and second graders on bicycle safety and helmet protection!

PNPs interested in giving a HELMET SAFETY PROGRAM to first and/or second graders need to apply NOW for AN INFORMATION PACKET, COLORING BOOKS and a RESERVATION for helmets. The number of helmets you receive is based on the requested amount and the funds available to run the program.

How to participate

1. Complete application and email today. This program is to be offered by a Pediatric Nurse Practitioner since one of the goals of the program is to increase awareness of the PNP role. ONLY active Ohio NAPNAP members can qualify.
2. Applications must be received by **March 15, 2010** in order to receive helmets and a helmet packet by **April 1, 2010**,
3. The program guide from Ohio NAPNAP and helmet packet will be distributed to you by **April 1, 2010**. It is the responsibility of the participant to make copies. You can contact ODH for free resources online at: <http://www.publicsafety.ohio.gov/form.html> but there may be a delay in how long it takes them to get information to you.
4. Both boys and girls youth size helmets will be delivered to you based on the amount you order. This size normally fits first or second graders. The helmets should be given to students who do not have helmets.

The program can be offered to the school at the convenience of the PNP. In 1996 it was given throughout the state on two days. It can be offered anytime in the spring when children are starting to ride their bikes again. Ohio NAPNAP asks that you take pictures or send some drawings from the students to add to our archives about projects.

FOR QUESTIONS AND CONCERNS CONTACT: Wendy Bowles at teresathorpe@yahoo.com or cell phone #(937) 672-5310.

Helmet Day Program Application

Name:
Active OHIO NAPNAP member: Yes or No (current members only may participate)
Address:
Phone:
Email:
School:
Probable # of students:
Comments: